



**VISION**  
Feed the needy

**MISSION**  
Create awareness among our families, friends and youngsters

**“LEARN TO SHARE”**



**BUY 10 FOR YOU, JUST ONE FOR ME - TO LANKA FOOD BANK GIVE!**

With the Mercy and Permission of the Almighty this program was initiated in Sri Lanka by “The Families Relief Sri Lanka Trust” based on a similar project presently being practiced in Vancouver, Canada, motivated by a sister in Sri Lanka who had served as a part - time volunteer.

### **THE CONCEPT**

- A Food Bank, based on a simple concept - when dry rations are purchased for our family, just pick up something for a lesser privileged family.
- Items such as Rice, Sugar, Dhal, Green grams, Chick peas, Sardine Cans, Oil, Flour etc.
- Quantity –a kilogram or more per month

### **THE OBJECTIVE**

To target a collection of dry rations sufficient for 50 families for at least 2 weeks and distributed to a community of different areas for each month.

### **THE VISION**

To ensure that the Caravan has made its journey through all areas in the country, to feed the needy, bringing relief to our less fortunate communities, God Willing!

### **OUR MISSION**

To create awareness amongst our families friends and youngsters to “Learn to Share”

### **THE JOURNEY**

The collection commenced and the response was overwhelming with the food bank filling up in no time by the grace of Almighty! The Caravan’s journey thus far .....

- The inaugural journey **in April** was made to **Mattakuliya** with dry rations to the value of approx Rs.3,000 per pack were distributed to **60 needy families**.
- **In May** the journey was made to **Dematagoda** with **110 packs**, with the value of the packs increased to approx Rs 4,000 and were distributed to **90 families 20 widows**.
- **In June** we distributed over **400 packs** which were sent to **Kantale** to a remote Village.
- **In July** we distributed **200 packs** to families within the area of **Narahenpita & surrounding areas**.
- **In August**, we distributed **200 packs** to families in the **Jawatte and surrounding areas**

In all of these areas the recipients were from a multi ethnic community. A heart wrenching response of one of the recipients was they had no food for 3 days and made loads of prayer for all the donors.

### **SELECTION OF FAMILIES**

Coordination and careful selection is done and coupons are given mainly widows, disabled families prior to the distribution.